

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Personal Qualities Video

1. List the 5 personal qualities discussed in the video
2. List 5 ways you can show responsibility at school discussed in the video
3. List 5 ways to show or build self-esteem discussed in the video.
4. List 3 ways to show that you are sociable discussed in the video
5. How do you show self-management skills discussed in the video? List 3
6. How can you show your honesty and have integrity at work/school?